



THE INDONESIAN SPA HERITAGE

# ANINDYA SPA

**In the ancient Sanskrit, Anindya means “Perfect Beauty”. Anindya Spa is designed for lavish spa seekers in fulfilling their quests of holistic spa experiences.**

**Mother Nature is the key to the well-being concept at Anindya Spa. All treatments are performed using the finest local herbs and traditional massage oils to pampering you.**

**Our spa location lies in front of a beautiful white sandy beach and surrounding by the serenity of rain forest that making Anindya Spa a perfect location to heal the body, calm the mind and renew the spirit.**

# INSTANT BLISS

---

## HEAD, SHOULDER AND BACK MASSAGE

45 minutes journey

RP. 399,000

Upper body massage is created for those who have a muscle tension in the back, neck and shoulder area. Treatment begins with a foot bath ritual.

## BACK, NECK, SHOULDER MASSAGE

60 minutes journey

Rp. 499,000

Upper body massage could cure problem in the back, neck and shoulder area. Ideally suited for those who spend long hours sitting at computer screens or desk. Treatment start with a foot bath ritual.

# BODY THERAPY

---

## ANINDYA HERBAL POUCH MASSAGE

60 minutes journey

Rp. 899,000

90 minutes journey

Rp. 1,299,000

Javanese herbal pouch has developed to release stiff muscle, reduce tiredness, and reduce sebum that may cause acne on the back. This mixture of herbs will also help as natural antiseptic agent to prevent the growth of bacteria and fungus on skin. The aromatic herbal scent will help to relax the body.

## TRADITIONAL BALINESE MASSAGE

60 minutes journey

Rp. 689,000

90 minutes journey

Rp. 1,199,000

This massage is an ancient traditional spa treatment using various techniques including skin rolling, kneading, stroking and acupressure. The treatment is combined with a blend of traditional oil to stimulate blood and oxygen flow in the body, leaving a sense of serenity and renewal.

The price shown above is in Indonesian Rupiah and subjected to 15% Government Tax

## **BALINESS EXOTIC MASSAGE**

**60 minutes journey**

**Rp. 799,000**

Combination 7 flower essential oils together with using long strokes along the body with palms, fingers and forearm, the therapist will help you to get in touch with your body

## **LAGOI BEACH MASSAGE**

**60 minutes journey**

**Rp. 589,000**

Soothing yet energizing, this massage concentrates on common problem areas to loosen tight muscles and ease tension, ultimately helping to recharge and refuel mind and body.

## **THAI MASSAGE**

**60 minutes journey**

**Rp. 589,000**

**90 minutes journey**

**Rp. 999,000**

This non-oil traditional Thai massage is more energizing and rigorous than other classic forms of massage. It is also known as the Thai Yoga massage, as the therapist will use her knees, legs and feet to guide you into series of yoga like stretch.

## **BACK MASSAGE**

**45 minutes journey**

**Rp. 399,000**

**60 minutes journey**

**Rp. 499,000**

A treatment to relax and release tension in the back, neck and shoulders area.

## **REFLEXOLOGY**

**30 minutes journey**

**Rp. 249,000**

**60 minutes journey**

**Rp. 429,000**

**90 minutes journey**

**Rp. 799,000**

Alternative massage of applying pressure to specific veins of feet and hands with finger and hand combination techniques to relax your muscles tension and increases your blood pressure.

The price shown above is in Indonesian Rupiah and subjected to 15% Government Tax

# HOT STONES

---

## SACRED STONES MASSAGE

60 minutes journey

Rp. 799,000

90 minutes journey

Rp. 1,199,000

A gift from the earth, warm lava volcano rocks are introduced to your soothe muscles with a balancing 100% essential oil blend. Enjoy this delightful spa experience that combines long strokes and use of the polished volcanic warm stones.

## GURINDAM STONE MASSAGE

60 minutes journey

Rp. 799,000

Enjoy this delightful spa experience that combines local spices essential oil like star anise, cloves, cinnamon, and sandalwood together with the use of polished volcano warm stones.

# BEAUTY THERAPY

---

## TOTOK WAJAH

30 minutes journey

Rp. 399,000

This vigorous yet relaxing treatment uses classic Chinese massage strokes and work deeply into the face muscle to release tension.

## RELAXING FACIAL

60 minutes journey

Rp. 688,000

This relaxing facial is design to gentle cleanse your skin and nourish it on a deeper level. Using only the finest ingredient from traditional herbs. Our Relaxing Facial will rejuvenate your dermis resulting in a smoother complexion and luminous skin. Suitable for all skin types.

The price shown above is in Indonesian Rupiah and subjected to 15% Government Tax

# BODY GLOW

---

## **BODY SCRUB**

**45 minutes journey**

**Rp. 499,000**

Our homemade organic exfoliations gently remove dead and dehydrated skin cells and contaminations. Choose any of our Body Scrubs from the list to enjoy the perfect addition

## **BODY MUSK**

**45 minutes journey**

**Rp. 499,000**

Derived from natural spices, our rich body musk is made traditional herbs collection like Javanese Mangi and Balinese Boreh. It nourishes the skin, restores balance, protect skin cells from damage caused by free radicals and sunlight.

# BLISS FOR THE YOUNG

---

## **YOUNG ANGEL MASSAGE**

**60 minutes journey**

**Rp. 699,000**

Soft pressure is applied to the scalp, legs and feet and our high quality oil massage is performed on the back and the arms. This treatment greatly soothes nervous system, strengthens immune system and improve quality of sleep.

## **KIDDOS SPA PACKEGES**

**90 minutes journey**

**Rp. 1,299,000**

Our Kiddos Spa Package offers a relaxing setting which even kids can enjoy. The Treatment will start with our gentle body scrub in order to clean, smooth, and soften the skin, followed by our relaxing body massage to set them up for another day of fun by the beach.

*Welcome Drink – Fruity Body Scrub - Body Massage – Honey Lemongrass Drink*

The price shown above is in Indonesian Rupiah and subjected to 15% Government Tax

# ANINDYA SPA PACKAGE

---

## SAVITRI HERBAL THERMAL

**120 minutes journey**

**Rp. 1,879,000**

The unique treatment is based on the ancient ritual body cleansing using '7 flower' essential oil to cleanse the body from negative energy to reach safety, help and bless from God.

*Welcome Drink – Aromatic Salt Foot Ritual – Balinese Body Therapy – Ratus Body Mask – – Ginger Tea*

## ROYAL JAVANESE RITUAL TREATMENT

**150 minutes journey**

**Rp. 1,879,000**

Aiming to pamper the body with Javanese massage and Java Herbs are made into the form of lulur kuning, masker mangir and bath herbs which serve to remove dead skin and brighten the skin.

*Welcome drink – Foot Ritual – Lulur Body Scrub – Javanese Massage – Mangir Body Mask – Herb Body Bath – Ratus Body Lotion – Ginger Tea*

## EXOTIC BALI PACKAGE

**120 minutes journey**

**Rp. 1,879,000**

This exotic technique is the gate to achieve the balance of body, mind and spirit. Murut is Balinese herbal body massage continuing with 'Boreh' Balinese body thermal.

*Welcome drink – Foot Ritual – Murut Body Massage –Boreh Body Mask – Ratus Body Lotion – Ginger Tea*

## SAVITRI '7 FLOWER' SENSE

**150 minutes journey**

**Rp. 2,279,000**

Traditional ritual deep tissue massage with '7 Flower' essence continuing with body thermal brings you to the heavenly world spa experience and as perfect clothing is '7 flower' body lotion.

*Welcome Drink – Tumeric Scrub with Rose water – Javanese Massage – Mangir Body Mask – Herbs Body Bath – Ratus Body Lotion – Ginger tea*

The price shown above is in Indonesian Rupiah and subjected to 15% Government Tax

# IN ROOM SERVICE

---

## TRADITIONAL BALINESS MASSAGE

60 minutes journey	Rp. 639,000
90 minutes journey	Rp. 1,149,000

## LAGOI ROOM MASSAGE

60 minutes journey	Rp. 539,000
90 minutes journey	Rp. 839,000

## GURINDAM HOT STONE MASSAGE

60 minutes journey	Rp. 749,000
--------------------	-------------

## BACK MASSAGE

60 minutes journey	Rp. 349,000
--------------------	-------------

## REFLEXOLOGY

60 minutes journey	Rp. 379,000
--------------------	-------------

## YOUNG ANGEL MASSAGE (below 12 years old)

60 minutes journey	Rp. 649,000
--------------------	-------------